

# WRIGHT GRADUATE UNIVERSITY REQUIRED READINGS

Last Updated 7/22/20

## Doctor of Education in Coaching and Transformational Leadership

### AC12

Goleman, Daniel. Emotional Intelligence 055380491X, 9780553804911

Siegel, Daniel, Hartzell, Mary. Parenting from the Inside Out, 2003 1585422096, 9781585422098

Siegel, Daniel J. The Developing Mind, 2012 978-1462503902, 146250390X

Mooney, G. Carol Theories of Childhood: An Introduction to Dewey, Montessori, Erikson, Piaget & Vygotsky, 2000 188483485X, 978-1884834851

Dass, Ram. Be Here Now. 1971 0517543052, 978---0517543054

Wright, Judith, and Bob Wright. *The Heart of the Fight: A Couple's Guide to Fifteen Common Fights, What They Really Mean, and How They Can Bring You Closer*. Oakland, Calif.: New Harbinger, 2016. ISBN 1626252572

Wright, Judith, and Bob Wright. *Transformed!: The Science of Spectacular Living*. 2013 1618580752, 978---1618580757

### AC22

Gilbert, Roberta M. The Eight Concepts of Bowen Theory: A New Way of Thinking About the Individual and the Group, 2004 0976345501, 9780976345503

Johnson, Susan M. Hold Me Tight: Seven Conversations for a Lifetime of Love. 2008 9780316113007

Satir, Virginia. The New Peoplemaking. 1988 978---0831400705, 0831400706

# WRIGHT GRADUATE UNIVERSITY REQUIRED READINGS

Last Updated 7/22/20

## **AC32**

Rogers, Carl R. *On Becoming A Person: A Therapist's View on Psychotherapy*. 1961 0395081343, 0395084091

Watts, Alan. *The Book: On the Taboo against Knowing Who You Are*. 1966 0679723005, 978---0679723004

Goleman, Daniel. *Social Intelligence*.  
2006 0553803522, 9780553803525

Moorman, Chick. *Talk Sense to Yourself: The Language of Personal Power*.  
1985 0961604603, 9780961604608

## **AC42**

Bakewell, Sarah. *At the Existentialist Café: Freedom, Being, and Apricot Cocktails with Jean-Paul Sartre, Simone de Beauvoir, Albert Camus, Martin Heidegger, Maurice Merleau-Ponty and Others*. 2016.  
B00Z3E2KEC

Tillich, Paul. *The Courage to Be*.  
1952 0300084714, 978---  
0300084719

Frankl, Viktor E. *Man's Search for Meaning: An Introduction to Logotherapy*.  
1992 0807029181, 9780807029183

Rogers, Carl R. *On Becoming A Person: A Therapist's View of Psychotherapy*.  
2004 1845290577, 978---1845290573

Siegel, Daniel J., *Mindsight: The New Science of Personal Transformation*.  
2010 0553804707, 978---0553804706

Stretcher, Victor. *Life on Purpose: How Living for What Matters Most Changes Everything*. 2016.  
978-0062409607

Dispenza, Joe. *Evolve Your Brain: The Science of Changing Your*

# WRIGHT GRADUATE UNIVERSITY REQUIRED READINGS

Last Updated 7/22/20

Mind, 2007 075730480X, 9780757304804

Newberg, Andrew and Mark Waldman. How God Changes Your Brain: Breakthrough Findings from a Leading Neuroscientist, 2010  
0345503422, 978---0345503428

Wright, Judith, and Bob Wright. Transformed!: The Science of Spectacular Living. 2012 1618580752, 978---1618580757

Wright, Judith. The One Decision: Make the Single Choice That Will Lead to a Life of More. 2005 1585425478, 9781585425471

Wright, Robert J. Beyond Time Management: Business with a Purpose. 1997 0750697997, 978---0750697996

## **AC62**

Ellis, Albert, and Russell Grieger. Handbook of Rational-Emotive Therapy. 1977 978---0826122001, 0826122000

Glaser, Barney G. Theoretical Sensitivity Advances in the Methodology of Grounded Theory. 1978 1884156010, 978---1884156014

Mezirow, Jack . Learning as Transformation: Critical Perspectives on a Theory in Progress. 2000 978---0787948450, 0787948454

Mezirow, Jack. Fostering Critical Reflection in Adulthood: A Guide to Transformative and Emancipatory Learning. 1990  
13: 978---1555422073, 1555422071

McMillan, James H. Educational Research Fundamentals for the Consumer. 6th Ed. 978---0132596473, 0132596474

Wright, Judith. The Soft Addiction Solution: Break Free of the Seemingly Harmless Habits That Keep You From The Life You Want. 2006  
158542532X, 978-1585425327

Wright, Judith, and Bob Wright. Transformed!: The Science of Spectacular Living. 2012 1618580752, 978---1618580757

# WRIGHT GRADUATE UNIVERSITY REQUIRED READINGS

Last Updated 7/22/20

## AC72

Bass, Bernard, and Ronald Riggio. *Transformational Leadership*, 2<sup>nd</sup> Ed. Mahwah, NJ: Lawrence Erlbaum Associates, 2006.

Boyatzis, Richard, and Annie McKee. *Resonant Leadership: Renewing Yourself and Connecting with Others Through Mindfulness, Hope, and Compassion*. Boston, MA: Harvard University Press, 2005.

Boyatzis, Richard. Resonant Leadership: Maximizing Leadership Effectiveness. (See Wright Leadership Video Series below under Other Recommended Readings and Resources.) The Boyatzis videos are required resources.

Erhard, Werner, Michael C. Jensen, and Steve Zaffron, "Integrity: A Positive Model that Incorporates the Normative Phenomena of Morality, Ethics, and Legality," from *The Transformational Experiences that Leave Ordinary People Being Leaders and Access to a Context that Uses You and Education as Stretching the Mind*. Boston MA: Harvard Business School NOM Working Paper No. 10-061, Landmark Education LLC., Revised 7 March 2010.

Erhard, Werner, Michael C. Jensen, Steve Zaffron, and Kari Granger, "Introductory Reading for Being a Leader and The Effective Exercise of Leadership: An Ontological Model" from *Harvard Business School Negotiation, Organizations and Markets Research Papers*, July 5, 2012.

Gilbert, Roberta M. *The Eight Concepts of Bowen Theory: A New Way of Thinking About the Individual and the Group*. Falls Church, VA: Leading Systems Press, 2004.

Goleman, Daniel. *Working with Emotional Intelligence*. London: Bloomsbury, 1998.

Goleman, Daniel. *Social Intelligence: The Revolutionary New Science of Human Relationships*. New York: Bantam Books, 2006.

Northouse, Peter G. *Leadership Theory and Practice*. Los Angeles: Sage Publications, 2016.

Riggio, Ronald E., and Rebecca J. Reichard, The emotional and social intelligences of effective leadership: An emotional and social skill approach, *Journal of Managerial Psychology*, Vol. 23 No. 2, 2008 pp. 169-185.

[http://www.researchgate.net/profile/Ronald\\_Riggio/publication/228634680\\_The\\_emotional\\_and\\_social\\_intelligences\\_of\\_effective\\_leadership\\_An\\_emotional\\_and\\_social\\_skill\\_approach/link](http://www.researchgate.net/profile/Ronald_Riggio/publication/228634680_The_emotional_and_social_intelligences_of_effective_leadership_An_emotional_and_social_skill_approach/link)

# WRIGHT GRADUATE UNIVERSITY REQUIRED READINGS

Last Updated 7/22/20

[s/00b495344101724e9e000000.pdf](https://www.wright.edu/libraries/graduate-reading-list/00b495344101724e9e000000.pdf).

Rogers, Carl R. *Carl Rogers on Encounter Groups*. New York: Harper & Row, 1970  
Chapters 1-5, 7, & 9.

Schutz, Will. *Elements of Encounter*. Big Sur, CA: Joy Press, 1973. Pages 3-9; 16-19;  
38-48; 51-58.

Smith, George. *Group Development: A Review of the Literature and a Commentary on Future Directions*, 2001. Pages 14-46.

<http://citeseerx.ist.psu.edu/viewdoc/download?doi=10.1.1.131.1981&rep=rep1&type=pdf#page=17>

Thelen, Herbert Arnold. *Dynamics of Groups at Work*. Chicago: University of Chicago Press, 1954. (2-32, 128-222)

Tuckman, Bruce. Model of Group Development: Forming, Storming, Norming, and Performing.

- Bonebright, Denise A. “40 Years of Storming: a Historical Review of Tuckmans Model of Small Group Development.” *Human Resource Development International* 13, no. 1 (2010): 111–20. doi:10.1080/13678861003589099. Log in to [Badgerlink](#) before clicking [here](#) to access.
- Smith, M. K. (2005). ‘Bruce W. Tuckman – forming, storming, norming and performing in groups, *The encyclopedia of pedagogy and informal education*. [<https://infed.org/mobi/bruce-w-tuckman-forming-storming-norming-and-performing-in-groups/>]. Retrieved: insert date].
- Tuckman Model of Group Development: Forming, Storming, Norming, and Performing. [https://www.mindtools.com/pages/article/newLDR\\_86.htm](https://www.mindtools.com/pages/article/newLDR_86.htm)

Wright, Robert. *Grounded Leadership: An Action Research Study*, PhD diss., Fielding Graduate University, 2008. [See Library Resources page on Canvas.]

Wright, Bob, and Judith Wright. *The TIME Leadership Competency Inventory: Teaming, Influencing, Managing, and Empowering*. See link posted in Canvas

Wright, Bob, and Judith Wright. *Foundations of Lifelong Learning and Personal Transformation*. Chicago: Evolving Press, 2012.

Wright, Judith. *Living a Great Life: The Theory of Evolving*. PhD diss., Fielding Graduate

# WRIGHT GRADUATE UNIVERSITY REQUIRED READINGS

Last Updated 7/22/20

University, 2008. [See Library Resources page on Canvas.]

Wright, Judith, and Bob Wright. *Transformed! The Science of Spectacular Living*.  
Nashville, TN: Turner Publishing Company, 2013.

## **AC82**

Cox, Elaine. *Coaching Understood: A pragmatic inquiry into the coaching process*. London: Sage.2013.

Fosha, Diana. "Emotion and Recognition at Work: Energy, Vitality, Pleasure, Truth, Desire, and the Emergent Phenomenology of Transformational Experience." In *The Healing Power Of Emotion: Affective Neuroscience, Development, And Clinical Practice*, ed. Diana Fosha, Daniel J. Siegel, and Marion F. Solomon, 172-204. New York: W.W. Norton & Co, 2009.

ICF code of ethics, "ICF core coaching competencies." [coachfederation.org](http://coachfederation.org).

<https://coachfederation.org/core-competencies>

Okon-Singer, H., Hendler, T., Pessoa, L., Shackman, A.J. (2015) The neurobiology of emotion-cognition interactions: Fundamental questions and strategies for future research. *Frontiers in Human Neuroscience*. (See "Articles" in Canvas course files and Week 9 overview), pages 1-2

Palmer, Stephen, and Alison Whybrow. *Handbook of Coaching Psychology: a Guide for Practitioners*. London: Routledge, 2019.

Rao, Paulette. *Transformational Coaching: Shifting Mindsets for Sustainable Change*. New York: True North Resources, 2013.

Rock, David, and Linda J. Page. *Coaching with the Brain in Mind: Foundations for Practice*. Hoboken, N.J.: Wiley, 2009.

Siegel, Daniel J. "Emotion as Integration: A Possible Answer to the Question, What Is Emotion?" In *The Healing Power Of Emotion: Affective Neuroscience, Development, And Clinical Practice*, ed. Diana Fosha, Daniel J. Siegel, and Marion F. Solomon, 145-171. New York: W.W. Norton & Co, 2009.

Stelter, R. (2014) Third generation coaching: Reconstructing dialogues through collaborative practice and a focus on values. *International Coaching Psychology Review*. 9(1) March 2014 (See "Articles" in Canvas course files, and direct link in Week 10)

Varner, V.J (2019) *Systems Coaching, Models of Typology and Emergence*. Philosophy of

# WRIGHT GRADUATE UNIVERSITY REQUIRED READINGS

Last Updated 7/22/20

Coaching: An International Journal. 4(1) May 2019 8-20 (See "Articles" in Canvas course files and Week 9 overview), pages 1,14-18

Wright and Associates. Transformational Coaching Manual. In-house, Chicago, 2018.

Wright, Judith, and Bob Wright. Transformed! The Science of Spectacular Living. Nashville: Turner Publishing, 2012.

Wright, Robert J. and Judith Wright. Foundations of Lifelong Learning and Personal Transformation. Chicago: Evolving Press, 2012.

## **AC95**

No Required Reading

## **AC311**

Wright, Bob, and Judith. Foundations of Lifelong Learning and Personal Transformation. 2012 9780984975907

Siegel, Daniel J. The Developing Mind: Toward a Neurobiology of Interpersonal Experience, 1999 1572304537, 9781572304536

Siegel, Daniel J., Mindsight: The New Science of Personal Transformation. 2010 0553804707, 978---0553804706

Beck, Don, and Christopher C. Cowan. Spiral Dynamics: Mastering Values, Leadership, and Change: Exploring the New Science of Memetics. 1999 978---1405133562, 1405133562

Beames, T.B. (1992). A Student's Glossary of Adlerian terminology. 2nd Edition 0968181902, 978---0968181904

Raymond Corsini (Editor), Current Psychotherapies 978---1285083711, 1285083717

Mosak, H. and Maniacci, M. (1999). Primer of Adlerian Psychology: The Analytic-Behavioral-Cognitive Psychology of Alfred Adler 978---1583910030, 1583910034

Powers, R.L. & Griffith, J. (1987). Understanding Life-Style: The psycho-

# WRIGHT GRADUATE UNIVERSITY REQUIRED READINGS

Last Updated 7/22/20

clarity process 0918287022, 978---0918287021

Wright, Judith, and Bob Wright. *Transformed!: The Science of Spectacular Living*. 2013 1618580752, 978---1618580757

Wright, Bob, and Judith. *Foundations of Lifelong Learning and Personal Transformation*. 2012 9780984975907

Barsness, Roy (Ed). *Core Competencies of Relational Psychoanalysis*. New York: Routledge, 2018.

Beck, Don, and Christopher C. Cowan. *Spiral Dynamics: Mastering Values, Leadership, and Change: Exploring the New Science of Memetics*. Cambridge, Mass., USA: Blackwell Business, 1999.

Palmer, Steven & Alison Whybrow: *Handbook of Coaching Psychology: A Guide for Practitioners*. London & New York: Routledge, 2019.

Shore, N., Alan. *Right Brain Psychotherapy*. New York: W.W. Norton & Company, Inc., 2019. Chapters 2, 3, 4, & 6.

Siegel, Daniel J. *The Developing Mind: Toward a Neurobiology of Interpersonal Experience*. New York: Guilford Press, 1999.

Siegel, Daniel J. *The Mindful Therapist: A Clinician's Guide to Mindsight and Neural Integration*. New York: W.W. Norton & Company, 2010.

Wright, Judith, and Robert J. Wright. *Foundations of Lifelong Learning and Personal Transformation*. Chicago: Evolving Press. 2012.

Wright and Associates. *Transformational Coaching Manual*, in-house, Chicago, 2010.

Wright, Judith, and Robert J. Wright. *Transformed!: The Science of Spectacular Living*. Nashville, Tenn: Turner Pub. Co, 2013.



## WRIGHT GRADUATE UNIVERSITY REQUIRED READINGS

Last Updated 7/22/20

### **AC 321**

\*\*\* Adler, A. (1956). Ansbacher, H.L. & R.R. (Editors). *The Individual Psychology of Alfred Adler*. New York: Basic Books.

\*\*\* Adler, A. (1998). *Social Interest: Adler's Key to the Meaning of Life*. Oxford: Oneworld Publications. Introduction, Chapters 1-3 and Chapter 15.

\*\*\* Beames, T.B. (1992). *A Student's Glossary of Adlerian terminology*. 2nd Edition. Photon Communications.

\*\*\* Hoffman, Edward. *The Drive for Self: Alfred Adler and the Founding of Individual Psychology*. New York: Addison-Wesley Publishing Company, 1994. Mosak, H. and Maniaci, M. (1999). *Primer of Adlerian Psychology: The Analytic-Behavioral -Cognitive Psychology of Alfred Adler*. Philadelphia: Brunner/Mazel.

\*\*\* Josef. Alfred Adler. Trans. Harry Zohn. New York: Frederick Ungar Publishing Co, 1983.

\*\*\* Manaster, Guy J. *Alfred Adler, as We Remember Him*. Chicago: North American Society of Adlerian Psychology, 1977. Powers, R.L. & Griffith, J. (1987). *Understanding Life-Style: The psycho-clarity process*. Chicago: The Americas Institute of Adlerian Studies.

\*\*\* Wright, R. (2008). *Grounded Leadership: An action research study*. Fielding Institute Ed.D. Dissertation.

\*\*\* Wright Transformational Coaching Manual.

\*\*\* Wright, R.J. and J. (2012). *Transformed! The Science of Spectacular Living*. Nashville: Turner Publishing.

\*\*\* Wright, R.J. and J. (2012). *Foundations of Lifelong Learning and Personal Transformation*. Chicago: Evolving Press.

### **AC331**

Bakewell, Sarah. *At The Existentialist Café: Freedom, Being, and Apricot Cocktails*. New York: Other Press, 2016.

Cox, Elaine. *Coaching Understood: A Pragmatic Inquiry into the Coaching Process*. London: Sage Publications Ltd, 2013.

Erhard, Werner, Michael C. Jensen, and Steve Zaffron, "Integrity: A Positive Model that Incorporates the Normative Phenomena of Morality, Ethics, and Legality," from *The Transformational Experiences that Leave Ordinary People Being Leaders and Access to a Context*

## WRIGHT GRADUATE UNIVERSITY REQUIRED READINGS

Last Updated 7/22/20

that Uses You and Education as Stretching the Mind. Boston MA: Harvard Business School NOM Working Paper No. 10-061, Landmark Education LLC., Revised 7 March 2010.

Erhard, Werner, Michael C. Jensen, Steve Zaffron, and Kari Granger, "Introductory Reading for Being a Leader and The Effective Exercise of Leadership: An Ontological Model" from Harvard Business School Negotiation, Organizations and Markets Research Papers, July 5, 2012.

Frankl, Viktor E. Man's Search for Meaning: An Introduction to Logotherapy. Boston: Beacon Press, 1992.

Glaser, Barney. Theoretical Sensitivity.

Glaser, Barney. Basics of Grounded Theory: Emergence Vs. Forcing

Maslow, Abraham H. The Farther Reaches of Human Nature. New York: Penguin Books, 1993 [1971]

May, Rollo. Man's Search for Himself. New York: Norton, 1953.

May, Rollo. The Discovery of Being: Writings in Existential Psychology. New York: W.W. Norton & Company, 1983.

Palmer, Stephen & Alison Whybrow. Handbook of Coaching Psychology: A Guide for Practitioners. New York: Routledge, 2019.

Rogers, Carl R. On Becoming a Person. New York: Houghton Mifflin Harcourt, 1995.

Siegel, Daniel J. The Mindful Therapist. New York: W.W. Norton & Company, 2010

Wright, Judith. The Soft Addiction Solution: Break Free from the Seemingly Harmless Habits That Keep You from the Life You Want. New York: Jeremy P. Tarcher/Penguin, 2003.

Wright, Judith. The One Decision: Make the Single Choice That Will Lead to a Life of More. New York: Jeremy P. Tarcher/Penguin, 2005.

Wright, Robert J. "Grounded Leadership: An action research study." EdD Diss., Fielding Graduate Institute, 2008.

Wright and Associates, Transformational Coaching Manual, in-house, Chicago, 2010

Wright, Judith, and Robert J. Wright. Foundations of Lifelong Learning and Personal Transformation. Chicago: Evolving Press, 2012.

Wright, Judith, and Bob Wright. Transformed!: The Science of Spectacular Living. Nashville:

# WRIGHT GRADUATE UNIVERSITY REQUIRED READINGS

Last Updated 7/22/20

Turner Pub. Co, 2012.

Yalom, Irvin I. Existential Psychotherapy. New York: Basic Books, 1980.

## **AC351**

Beck, Don Edward, and Christopher C. Cowan. Spiral Dynamics. Oxford: Blackwell publishing, 2006.

Bohm, David. Wholeness and the Implicate Order. London: Routledge, 2013.

Gilbert, Roberta M. The Eight Concepts of Bowen Theory: A New Way of Thinking About the Individual and the Group. Falls Church, VA: Leading Systems Press, 2004.

Satir, Virginia. The New Peoplemaking. Mountain View, Calif: Science and Behavior Books, 1988.

Senge, Peter M. The Fifth Discipline: The art and practice of the learning organization. Doubleday. 1990, 2006.

Siegel, Daniel J. The Developing Mind: Toward a Neurobiology of Interpersonal Experience. New York: Guilford Press, 1999. [Material on system integration]

Wright and Associates. Transformational Coaching Manual, in-house, Chicago, 2010. [Material on ISAP Process – Ideal State Action Planning.]

Wright, Robert. “Grounded Leadership: An Action Research Study.” Ed.D. Dissertation, Fielding Graduate University, 2008.

Wright, Robert and Judith Wright. Foundations of Lifelong Learning and Personal Transformation. Chicago: Evolving Press, 2012.

Wright, Judith and Bob Wright. Transformed! The Science of Spectacular Living. Nashville: Turner Publishing, 2012.

## **AC365**

Gordon, Jack, editor. (2004) The Pfeiffer Handbook of Structured Experiences: Learning Activities for Personal Development. John Wiley & Sons, Inc. San Francisco, CA.

Gordon, Jack, editor. (2003) The Pfeiffer Book of Successful Leadership Development Tools. John Wiley & Sons, Inc. San Francisco, CA.

Pink, Daniel H. To Sell Is Human: The Surprising Truth About Moving Others. New York:

## WRIGHT GRADUATE UNIVERSITY REQUIRED READINGS

Last Updated 7/22/20

Riverhead Books, 2012.

Wright, Judith, and Bob Wright. *Transformed!: The Science of Spectacular Living*. Nashville, TN: Turner Pub. Co, 2012.

Wright, Judith, and Robert J. Wright. *Foundations of Lifelong Learning and Personal Transformation*. Chicago: Evolving Press, 2012. (See section on Wright Performative Learning.)

### **AC367**

Gordon, Jack, editor. (2004) *The Pfeiffer Handbook of Structured Experiences: Learning Activities for Personal Development*. John Wiley & Sons, Inc. San Francisco, CA.

Gordon, Jack, editor. (2003) *The Pfeiffer Book of Successful Leadership Development Tools*. John Wiley & Sons, Inc. San Francisco, CA.

Pink, Daniel H. *To Sell Is Human: The Surprising Truth About Moving Others*. New York: Riverhead Books, 2012.

Wright, Judith, and Bob Wright. *Transformed!: The Science of Spectacular Living*. Nashville, TN: Turner Pub. Co, 2012.

Wright, Judith, and Robert J. Wright. *Foundations of Lifelong Learning and Personal Transformation*. Chicago: Evolving Press, 2012. (See section on Wright Performative Learning.)

### **AC411**

\*\*\* Cox, Elaine. *Coaching Understood: A pragmatic inquiry into the coaching process*. Sage: Los Angeles. 2013.

\*\*\*Whybrow, Alison & Palmer, Stephen. *Handbook of Coaching Psychology*. 2<sup>nd</sup> ed.

\*\*\*Palmer, Stephen, and Alison Whybrow. *Handbook of Coaching Psychology: a Guide for Practitioners*. London: Routledge, 2019.

\*\*\*Wright and Associates. *Transformational Coaching Manual*. In-house, Chicago, 2010

\*\*\*Rock, David, and Linda J. Page. *Coaching with the Brain in Mind: Foundations for Practice*. Hoboken, N.J.: Wiley, 2009.

\*\*\*Rao, Paulette. *Transformational Coaching: Shifting Mindsets for Sustainable Change*. New York: True North Resources, 2013.

# WRIGHT GRADUATE UNIVERSITY REQUIRED READINGS

Last Updated 7/22/20

\*\*\*Wright, Judith, and Bob Wright. *Transformed! The Science of Spectacular Living*. Nashville: Turner Publishing, 2012.

\*\*\*Wright, Robert J. and Judith Wright. *Foundations of Lifelong Learning and Personal Transformation*. Chicago: Evolving Press, 2012

## **AC412**

Bass, Bernard, and Ronald Riggio. *Transformational Leadership*, 2<sup>nd</sup> Ed. Mahwah, NJ: Lawrence Erlbaum Associates, 2006.

Boyatzis, Richard, and Annie McKee. *Resonant Leadership: Renewing Yourself and Connecting with Others Through Mindfulness, Hope, and Compassion*. Boston, MA: Harvard University Press, 2005.

Boyatzis, Richard. *Resonant Leadership: Maximizing Leadership Effectiveness*. (video provided in online course materials)

Erhard, Werner, Michael C. Jensen, and Steve Zaffron, "Integrity: A Positive Model that Incorporates the Normative Phenomena of Morality, Ethics, and Legality," from *The Transformational Experiences that Leave Ordinary People Being Leaders and Access to a Context that Uses You and Education as Stretching the Mind*. Boston MA: Harvard Business School NOM Working Paper No. 10-061, Landmark Education LLC., Revised 7 March 2010.

Erhard, Werner, Michael C. Jensen, Steve Zaffron, and Kari Granger, "Introductory Reading for Being a Leader and The Effective Exercise of Leadership: An Ontological Model" from *Harvard Business School Negotiation, Organizations and Markets Research Papers*, July 5, 2012.

Gilbert, Roberta M. *The Eight Concepts of Bowen Theory: A New Way of Thinking About the Individual and the Group*. Falls Church, VA: Leading Systems Press, 2004.

Goleman, Daniel. *Working with Emotional Intelligence*. London: Bloomsbury, 1998.

Goleman, Daniel, Richard Boyatzis, and Annie McKee. *Primal Leadership: Learning to Lead with Emotional Intelligence*. Boston, MA: Harvard University Press, 2004.

Goleman, Daniel. *Social Intelligence: The Revolutionary New Science of Human Relationships*. New York: Bantam Books, 2006.

## WRIGHT GRADUATE UNIVERSITY REQUIRED READINGS

Last Updated 7/22/20

Lencioni, Patrick. *The Five Dysfunctions of a Team*. San Francisco: Jossey-Bass, 2002.

Northouse, Peter G. *Leadership Theory and Practice*. Los Angeles: Sage Publications, 2016.

Riggio, Ronald E., and Rebecca J. Reichard, The emotional and social intelligences of effective leadership: An emotional and social skill approach, *Journal of Managerial Psychology*, Vol. 23 No. 2, 2008 pp. 169-185.

[http://www.researchgate.net/profile/Ronald\\_Riggio/publication/228634680\\_The\\_emotional\\_and\\_social\\_intelligences\\_of\\_effective\\_leadership\\_An\\_emotional\\_and\\_social\\_skill\\_approach/links/00b495344101724e9e000000.pdf](http://www.researchgate.net/profile/Ronald_Riggio/publication/228634680_The_emotional_and_social_intelligences_of_effective_leadership_An_emotional_and_social_skill_approach/links/00b495344101724e9e000000.pdf).

Rogers, Carl R. *Carl Rogers on Encounter Groups*. New York: Harper & Row, 1970  
Chapters 1-5, 7, & 9.

Schutz, Will. *Elements of Encounter*. Big Sur, CA: Joy Press, 1973. Pages 3-9; 16-19; 38-48; 51-58.

Smith, George. *Group Development: A Review of the Literature and a Commentary on Future Directions*, 2001. Pages 14-46.

<http://citeseerx.ist.psu.edu/viewdoc/download?doi=10.1.1.131.1981&rep=rep1&type=pdf#page=17>

Thelen, Herbert Arnold. *Dynamics of Groups at Work*. Chicago: University of Chicago Press, 1954. (2-32, 128-222)

Tuckman, Bruce. *Model of Group Development: Forming, Storming, Norming, and Performing*.

- Bonebright, Denise A. "40 Years of Storming: a Historical Review of Tuckmans Model of Small Group Development." *Human Resource Development International* 13, no. 1 (2010): 111–20. doi:10.1080/13678861003589099. Log in to [Badgerlink](#) before clicking [here](#) to access.
- Smith, M. K. (2005). 'Bruce W. Tuckman – forming, storming, norming and performing in groups, *The encyclopedia of pedagogy and informal education*. [<https://infed.org/mobi/bruce-w-tuckman-forming-storming-norming-and-performing-in-groups/>]. Retrieved: insert date].
- Tuckman Model of Group Development: Forming, Storming, Norming, and Performing. [https://www.mindtools.com/pages/article/newLDR\\_86.htm](https://www.mindtools.com/pages/article/newLDR_86.htm)

Wright, Robert. *Grounded Leadership: An Action Research Study*, PhD diss., Fielding Graduate University, 2008. [See Library Resources page on Canvas.]

# WRIGHT GRADUATE UNIVERSITY REQUIRED READINGS

Last Updated 7/22/20

Wright, Bob, and Judith Wright. The TIME Leadership Competency Inventory: Teaming, Influencing, Managing, and Empowering. See link posted in Canvas

Wright, Bob, and Judith Wright. Foundations of Lifelong Learning and Personal Transformation. Chicago: Evolving Press, 2012.

Wright, Judith. Living a Great Life: The Theory of Evolving. PhD diss., Fielding Graduate University, 2008. [See Library Resources page on Canvas.]

Wright, Judith, and Bob Wright. Transformed! The Science of Spectacular Living. Nashville, TN: Turner Publishing Company, 2013.

## **AC431**

Charmaz, K. (2006). Constructing Grounded Theory: A practical Guide Through Qualitative Analysis (1st ed. ed. Vol. 1). London: SAGE Publications.

Coffey, A., Atkinson, P. (1996). Making Sense of Qualitative Data (1st ed.). Thousand Oaks: Sage Publications.

Creswell, J. W. (1998). Qualitative Inquiry and Research Design (1st ed.). Thousand Oaks: Sage Publications.

Glaser, Barney G. Theoretical Sensitivity. Mill Valley, CA: Sociology Press, 1978. Print.

Herr, Kathryn, and Gary L Anderson. The Action Research Dissertation: A guide for students and faculty. Thousand Oaks, CA: SAGE Publications, 2005. Print.

McMillan, James. Educational Research. NY: Pearson, 2012. Print. pp. 146-173.

Meltzoff, J. (2008). Critical Thinking About Research (10th ed. Vol. 1). Washington, DC: American Psychological Association.

Miller, D. C. (1991). Handbook of Research Design and Social Measurement (5th ed. ed.). London: SAGE Publications.

Polkinghorne, D. (1983). Methodology For the Human Sciences. Albany: State University of New York Press.

Robson, C. (1993). Real World Research. Oxford: Blackwell Publishers.

Silverman, D. (1995). Interpreting Qualitative Data: Methods for Analysing Talk, Text and

# WRIGHT GRADUATE UNIVERSITY REQUIRED READINGS

Last Updated 7/22/20

Interaction (Vol. 1). London: SAGE Publications.

## **AC437**

Cone, John D., and Sharon L. Foster. *Dissertations and Theses from Start to Finish: Psychology and Related Fields*. Washington, DC: American Psychological Association, 1993.

Krathwohl, David R., and Nick L. Smith. *How to Prepare a Dissertation Proposal: Suggestions for Students in Education and the Social and Behavioral Sciences*. Syracuse, N.Y.: Syracuse University Press, 2005.

Roberts, Carol M. *The Dissertation Journey: A Practical and Comprehensive Guide to Planning, Writing, and Defending Your Dissertation*. Thousand Oaks, Calif: Corwin Press, 2004.

## **AC511**

No Required Reading

## **AC600**

No Required Reading



# WRIGHT GRADUATE UNIVERSITY REQUIRED READINGS

Last Updated 7/22/20

## Master of Arts in Coaching and Transformational Leadership

### AC12

Goleman, Daniel. Emotional Intelligence 055380491X, 9780553804911

Siegel, Daniel, Hartzell, Mary. Parenting from the Inside Out, 2003 1585422096, 9781585422098

Siegel, Daniel J. The Developing Mind, 2012 978-1462503902, 146250390X

Mooney, G. Carol Theories of Childhood: An Introduction to Dewey, Montessori, Erikson, Piaget & Vygotsky, 2000 188483485X, 978-1884834851

Dass, Ram. Be Here Now. 1971 0517543052, 978---0517543054

Wright, Judith, and Bob Wright. *The Heart of the Fight: A Couple's Guide to Fifteen Common Fights, What They Really Mean, and How They Can Bring You Closer*. Oakland, Calif.: New Harbinger, 2016. ISBN 1626252572

Wright, Judith, and Bob Wright. *Transformed!: The Science of Spectacular Living*. 2013 1618580752, 978---1618580757

### AC22

Gilbert, Roberta M. The Eight Concepts of Bowen Theory: A New Way of Thinking About the Individual and the Group, 2004 0976345501, 9780976345503

Johnson, Susan M. Hold Me Tight: Seven Conversations for a Lifetime of Love. 2008 9780316113007

Satir, Virginia. The New Peoplemaking. 1988 978---0831400705, 0831400706

# WRIGHT GRADUATE UNIVERSITY REQUIRED READINGS

Last Updated 7/22/20

## **AC32**

Rogers, Carl R. On Becoming A Person: A Therapist's View on Psychotherapy. 1961 0395081343, 0395084091

Watts, Alan. The Book: On the Taboo against Knowing Who You Are. 1966 0679723005, 978---0679723004

Goleman, Daniel. Social Intelligence. 2006 0553803522, 9780553803525

Moorman, Chick. Talk Sense to Yourself: The Language of Personal Power. 1985 0961604603, 9780961604608

Tillich, Paul. The Courage to Be. 1952 0300084714, 978---0300084719

Frankl, Viktor E. Man's Search for Meaning: An Introduction to Logotherapy. 1992 0807029181, 9780807029183

Rogers, Carl R. On Becoming A Person: A Therapist's View of Psychotherapy. 2004 1845290577, 978---1845290573

Siegel, Daniel J., Mindsight: The New Science of Personal Transformation. 2010 0553804707, 978---0553804706

Dispenza, Joe. Evolve Your Brain: The Science of Changing Your Mind, 2007 075730480X, 9780757304804

Newberg, Andrew and Mark Waldman. How God Changes Your Brain: Breakthrough Findings from a Leading Neuroscientist, 2010 0345503422, 978---0345503428

Wright, Judith, and Bob Wright. Transformed!: The Science of Spectacular Living. 2012 1618580752, 978---1618580757

Wright, Judith. The One Decision: Make the Single Choice That Will Lead to a Life of More. 2005 1585425478, 9781585425471

Wright, Robert J. Beyond Time Management: Business with a Purpose. 1997 0750697997, 978---0750697996

## WRIGHT GRADUATE UNIVERSITY REQUIRED READINGS

Last Updated 7/22/20

Ellis, Albert, and Russell Grieger. Handbook of Rational-Emotive Therapy. 1977 978---0826122001, 0826122000

Glaser, Barney G. Theoretical Sensitivity Advances in the Methodology of Grounded Theory. 1978 1884156010, 978---1884156014

Mezirow, Jack . Learning as Transformation: Critical Perspectives on a Theory in Progress. 2000 978---0787948450, 0787948454

Mezirow, Jack. Fostering Critical Reflection in Adulthood: A Guide to Transformative and Emancipatory Learning. 1990  
13: 978---1555422073, 1555422071

McMillan, James H. Educational Research Fundamentals for the Consumer. 6th Ed. 978---0132596473, 0132596474

Wright, Judith. The Soft Addiction Solution: Break Free of the Seemingly Harmless Habits That Keep You From The Life You Want. 2006  
158542532X, 978-1585425327

Wright, Judith, and Bob Wright. Transformed!: The Science of Spectacular Living. 2012 1618580752, 978---1618580757

Bass, Bernard, and Ronald Riggio. Transformational Leadership, 2nd Ed., 2006 978---0805847628, 0805847626

Boyatzis, Richard, and Annie McKee. Resonant Leadership: Renewing Yourself and Connecting with Others Through Mindfulness, Hope, and Compassion. 2005  
1591395631, 978---1591395638

Goleman, Daniel. Working with Emotional Intelligence,  
1998 1856135012, 978---0553104622

Goleman, Daniel. Social Intelligence: The Revolutionary New Science of Human Relationships. 2006 0553803522, 9780553803525

Riggio, Ronald E., and Rebecca J. Reichard, The emotional and social intelligences of effective leadership: An emotional and social skill approach, Journal of Managerial Psychology, Vol. 23 No. 2, 2008

# WRIGHT GRADUATE UNIVERSITY REQUIRED READINGS

Last Updated 7/22/20

0268---3946

Rogers, Carl R. Carl Rogers on Encounter Groups. 1970  
0060669942, 78---0060669942

Schutz, Will. Elements of Encounter.  
1973 0913662011, 978---  
0913662014

Thelen, Herbert Arnold: Dynamics of Groups at Work.  
1954 0226794733, 978---0226794730

## **AC82**

Rock, David, and Linda J. Page. Coaching with the Brain in Mind: Foundations for Practice. 2009 0470405686, 978---0470405680

Rao, Paulette. Transformational Coaching: Shifting Mindsets for Sustainable Change. 2013 0984041133, 978---0984041138

Wright, Judith, and Bob Wright. Transformed!: The Science of Spectacular Living. 2013 1618580752, 978---1618580757

Wright, Bob, and Judith. Foundations of Lifelong Learning and Personal Transformation. 2012 9780984975907

## **AC92**

Wright, Judith, and Bob Wright. *The Heart of the Fight: A Couple's Guide to Fifteen Common Fights, What They Really Mean, and How They Can Bring You Closer*. Oakland, Calif.: New Harbinger, 2016. ISBN 1626252572

Wright, Judith, and Bob Wright. *Transformed!: The Science of Spectacular Living*. 2013 1618580752, 978---1618580757

Wright, Judith. "Living A Great Life: The Theory of Evolving" Ed.D diss., Fielding Graduate University, 2008 (provided electronically in the course)

Wright, Bob, and Judith. *Foundations of Lifelong Learning and Personal Transformation*. 2012 9780984975907

WRIGHT GRADUATE UNIVERSITY REQUIRED READINGS

Last Updated 7/22/20

**AC95**

No Required Reading

# WRIGHT GRADUATE UNIVERSITY REQUIRED READINGS

Last Updated 7/22/20

## Graduate Certificate in Emotional Intelligence

### AC12

Goleman, Daniel. Emotional Intelligence 055380491X, 9780553804911

Siegel, Daniel, Hartzell, Mary. Parenting from the Inside Out, 2003 1585422096, 9781585422098

Siegel, Daniel J. The Developing Mind, 2012 978-1462503902, 146250390X

Mooney, G. Carol Theories of Childhood: An Introduction to Dewey, Montessori, Erikson, Piaget & Vygotsky, 2000 188483485X, 978-1884834851

Dass, Ram. Be Here Now. 1971 0517543052, 978---0517543054

Wright, Judith, and Bob Wright. *The Heart of the Fight: A Couple's Guide to Fifteen Common Fights, What They Really Mean, and How They Can Bring You Closer*. Oakland, Calif.: New Harbinger, 2016. ISBN 1626252572

Wright, Judith, and Bob Wright. *Transformed!: The Science of Spectacular Living*. 2013 1618580752, 978---1618580757

### AC22

Gilbert, Roberta M. The Eight Concepts of Bowen Theory: A New Way of Thinking About the Individual and the Group, 2004 0976345501, 9780976345503

Johnson, Susan M. Hold Me Tight: Seven Conversations for a Lifetime of Love. 2008 9780316113007

Satir, Virginia. The New Peoplemaking. 1988 978---0831400705, 0831400706

# WRIGHT GRADUATE UNIVERSITY REQUIRED READINGS

Last Updated 7/22/20

## **Graduate Certificate in Social Intelligence**

### **AC32**

Rogers, Carl R. On Becoming A Person: A Therapist's View on Psychotherapy. 1961 0395081343, 0395084091

Watts, Alan. The Book: On the Taboo against Knowing Who You Are. 1966 0679723005, 978---0679723004

Goleman, Daniel. Social Intelligence. 2006 0553803522, 9780553803525

Moorman, Chick. Talk Sense to Yourself: The Language of Personal Power. 1985 0961604603, 9780961604608

### **AC42**

Tillich, Paul. The Courage to Be. 1952 0300084714, 978---0300084719

Frankl, Viktor E. Man's Search for Meaning: An Introduction to Logotherapy. 1992 0807029181, 9780807029183

Rogers, Carl R. On Becoming A Person: A Therapist's View of Psychotherapy. 2004 1845290577, 978---1845290573

Siegel, Daniel J., Mindsight: The New Science of Personal Transformation. 2010 0553804707, 978---0553804706

Dispenza, Joe. Evolve Your Brain: The Science of Changing Your Mind, 2007 075730480X, 9780757304804

Newberg, Andrew and Mark Waldman. How God Changes Your Brain: Breakthrough Findings from a Leading Neuroscientist, 2010 0345503422, 978---0345503428

Wright, Judith, and Bob Wright. Transformed!: The Science of Spectacular Living. 2012 1618580752, 978---1618580757

Wright, Judith. The One Decision: Make the Single Choice That Will Lead to a Life of More.

WRIGHT GRADUATE UNIVERSITY REQUIRED READINGS

Last Updated 7/22/20

2005 1585425478, 9781585425471

Wright, Robert J. Beyond Time Management: Business with a Purpose. 1997 0750697997, 978---0750697996



# WRIGHT GRADUATE UNIVERSITY REQUIRED READINGS

Last Updated 7/22/20

## Graduate Certificate in Transformational Coaching

### AC12

Goleman, Daniel. Emotional Intelligence 055380491X, 9780553804911

Siegel, Daniel, Hartzell, Mary. Parenting from the Inside Out, 2003 1585422096, 9781585422098

Siegel, Daniel J. The Developing Mind, 2012 978-1462503902, 146250390X

Mooney, G. Carol Theories of Childhood: An Introduction to Dewey, Montessori, Erikson, Piaget & Vygotsky, 2000  
188483485X, 978-1884834851

Dass, Ram. Be Here Now. 1971 0517543052, 978---0517543054

Wright, Judith, and Bob Wright. *The Heart of the Fight: A Couple's Guide to Fifteen Common Fights, What They Really Mean, and How They Can Bring You Closer*. Oakland, Calif.: New Harbinger, 2016. ISBN 1626252572

Wright, Judith, and Bob Wright. *Transformed!: The Science of Spectacular Living*. 2013  
1618580752, 978---1618580757

### AC22

Gilbert, Roberta M. The Eight Concepts of Bowen Theory: A New Way of Thinking About the Individual and the Group, 2004  
0976345501, 9780976345503

Johnson, Susan M. Hold Me Tight: Seven Conversations for a Lifetime of Love. 2008 9780316113007

Satir, Virginia. The New  
Peoplemaking. 1988 978---  
0831400705, 0831400706

### AC82

Rock, David, and Linda J. Page. Coaching with the Brain in Mind: Foundations for Practice. 2009 0470405686, 978---0470405680

Rao, Paulette. Transformational Coaching: Shifting Mindsets for Sustainable Change. 2013 0984041133, 978---0984041138

# WRIGHT GRADUATE UNIVERSITY REQUIRED READINGS

Last Updated 7/22/20

Wright, Judith, and Bob Wright. *Transformed!: The Science of Spectacular Living*. 2013 1618580752, 978---1618580757

Wright, Bob, and Judith. *Foundations of Lifelong Learning and Personal Transformation*. 2012 9780984975907

# WRIGHT GRADUATE UNIVERSITY REQUIRED READINGS

Last Updated 7/22/20

## Graduate Certificate in Transformational Leadership

### AC32

Rogers, Carl R. On Becoming A Person: A Therapist's View on Psychotherapy. 1961 0395081343, 0395084091

Watts, Alan. The Book: On the Taboo against Knowing Who You Are. 1966 0679723005, 978---0679723004

Goleman, Daniel. Social Intelligence. 2006 0553803522, 9780553803525

Moorman, Chick. Talk Sense to Yourself: The Language of Personal Power. 1985 0961604603, 9780961604608

### AC72

Bass, Bernard, and Ronald Riggio. Transformational Leadership, 2nd Ed., 2006 978---0805847628, 0805847626

Boyatzis, Richard, and Annie McKee. Resonant Leadership: Renewing Yourself and Connecting with Others Through Mindfulness, Hope, and Compassion. 2005 1591395631, 978---1591395638

Goleman, Daniel. Working with Emotional Intelligence, 1998 1856135012, 978---0553104622

Goleman, Daniel. Social Intelligence: The Revolutionary New Science of Human Relationships. 2006 0553803522, 9780553803525

Riggio, Ronald E., and Rebecca J. Reichard, The emotional and social intelligences of effective leadership: An emotional and social skill approach, Journal of Managerial Psychology, Vol. 23 No. 2, 2008 0268---3946

Rogers, Carl R. Carl Rogers on Encounter Groups. 1970 0060669942, 78---0060669942

Schutz, Will. Elements of Encounter. 1973 0913662011, 978---0913662014

WRIGHT GRADUATE UNIVERSITY REQUIRED READINGS

Last Updated 7/22/20

Thelen, Herbert Arnold: Dynamics of Groups at Work.

1954 0226794733, 978---0226794730