

WRIGHT GRADUATE UNIVERSITY REQUIRED READINGS

Last Updated 7/22/20

Doctor of Education in Coaching and Transformational Leadership

AC12

Goleman, Daniel. Emotional Intelligence 055380491X, 9780553804911

Siegel, Daniel, Hartzell, Mary. Parenting from the Inside Out, 2003 1585422096, 9781585422098

Siegel, Daniel J. The Developing Mind, 2012 978-1462503902, 146250390X

Mooney, G. Carol Theories of Childhood: An Introduction to Dewey, Montessori, Erikson, Piaget & Vygotsky, 2000 188483485X, 978-1884834851

Dass, Ram. Be Here Now. 1971 0517543052, 978---0517543054

Wright, Judith, and Bob Wright. *The Heart of the Fight: A Couple's Guide to Fifteen Common Fights, What They Really Mean, and How They Can Bring You Closer*. Oakland, Calif.: New Harbinger, 2016. ISBN 1626252572

Wright, Judith, and Bob Wright. *Transformed!: The Science of Spectacular Living*. 2013 1618580752, 978---1618580757

AC22

Gilbert, Roberta M. The Eight Concepts of Bowen Theory: A New Way of Thinking About the Individual and the Group, 2004 0976345501, 9780976345503

Johnson, Susan M. Hold Me Tight: Seven Conversations for a Lifetime of Love. 2008 9780316113007

Satir, Virginia. The New Peoplemaking. 1988 978---0831400705, 0831400706

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Rogers, Carl R. *On Becoming A Person: A Therapist's View on Psychotherapy*. 1961 0395081343, 0395084091

Watts, Alan. *The Book: On the Taboo against Knowing Who You Are*. 1966 0679723005, 978---0679723004

Goleman, Daniel. *Social Intelligence*.
2006 0553803522, 9780553803525

Moorman, Chick. *Talk Sense to Yourself: The Language of Personal Power*.
1985 0961604603, 9780961604608

AC42

Bakewell, Sarah. *At the Existentialist Café: Freedom, Being, and Apricot Cocktails with Jean-Paul Sartre, Simone de Beauvoir, Albert Camus, Martin Heidegger, Maurice Merleau-Ponty and Others*. 2016.
B00Z3E2KEC

Tillich, Paul. *The Courage to Be*.
1952 0300084714, 978---
0300084719

Frankl, Viktor E. *Man's Search for Meaning: An Introduction to Logotherapy*.
1992 0807029181, 9780807029183

Rogers, Carl R. *On Becoming A Person: A Therapist's View of Psychotherapy*.
2004 1845290577, 978---1845290573

Siegel, Daniel J., *Mindsight: The New Science of Personal Transformation*.
2010 0553804707, 978---0553804706

Stretcher, Victor. *Life on Purpose: How Living for What Matters Most Changes Everything*. 2016.
978-0062409607

Dispenza, Joe. *Evolve Your Brain: The Science of Changing Your*

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Mind, 2007 075730480X, 9780757304804

Newberg, Andrew and Mark Waldman. How God Changes Your Brain: Breakthrough Findings from a Leading Neuroscientist, 2010
0345503422, 978---0345503428

Wright, Judith, and Bob Wright. Transformed!: The Science of Spectacular Living. 2012 1618580752, 978---1618580757

Wright, Judith. The One Decision: Make the Single Choice That Will Lead to a Life of More. 2005 1585425478, 9781585425471

Wright, Robert J. Beyond Time Management: Business with a Purpose. 1997 0750697997, 978---0750697996

AC62

Ellis, Albert, and Russell Grieger. Handbook of Rational-Emotive Therapy. 1977 978---0826122001, 0826122000

Glaser, Barney G. Theoretical Sensitivity Advances in the Methodology of Grounded Theory. 1978 1884156010, 978---1884156014

Mezirow, Jack . Learning as Transformation: Critical Perspectives on a Theory in Progress. 2000 978---0787948450, 0787948454

Mezirow, Jack. Fostering Critical Reflection in Adulthood: A Guide to Transformative and Emancipatory Learning. 1990
13: 978---1555422073, 1555422071

McMillan, James H. Educational Research Fundamentals for the Consumer. 6th Ed. 978---0132596473, 0132596474

Wright, Judith. The Soft Addiction Solution: Break Free of the Seemingly Harmless Habits That Keep You From The Life You Want. 2006
158542532X, 978-1585425327

Wright, Judith, and Bob Wright. Transformed!: The Science of Spectacular Living. 2012 1618580752, 978---1618580757

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Bass, Bernard, and Ronald Riggio. *Transformational Leadership*, 2nd Ed. Mahwah, NJ: Lawrence Erlbaum Associates, 2006.

Boyatzis, Richard, and Annie McKee. *Resonant Leadership: Renewing Yourself and Connecting with Others Through Mindfulness, Hope, and Compassion*. Boston, MA: Harvard University Press, 2005.

Boyatzis, Richard. Resonant Leadership: Maximizing Leadership Effectiveness. (See Wright Leadership Video Series below under Other Recommended Readings and Resources.) The Boyatzis videos are required resources.

Erhard, Werner, Michael C. Jensen, and Steve Zaffron, "Integrity: A Positive Model that Incorporates the Normative Phenomena of Morality, Ethics, and Legality," from *The Transformational Experiences that Leave Ordinary People Being Leaders and Access to a Context that Uses You and Education as Stretching the Mind*. Boston MA: Harvard Business School NOM Working Paper No. 10-061, Landmark Education LLC., Revised 7 March 2010.

Erhard, Werner, Michael C. Jensen, Steve Zaffron, and Kari Granger, "Introductory Reading for Being a Leader and The Effective Exercise of Leadership: An Ontological Model" from *Harvard Business School Negotiation, Organizations and Markets Research Papers*, July 5, 2012.

Gilbert, Roberta M. *The Eight Concepts of Bowen Theory: A New Way of Thinking About the Individual and the Group*. Falls Church, VA: Leading Systems Press, 2004.

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Riggio, Ronald E., and Rebecca J. Reichard, The emotional and social intelligences of effective leadership: An emotional and social skill approach, *Journal of Managerial Psychology*, Vol. 23 No. 2, 2008 pp. 169-185.

http://www.researchgate.net/profile/Ronald_Riggio/publication/228634680_The_emotional_and_social_intelligences_of_effective_leadership_An_emotional_and_social_skill_approach/link

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Rogers, Carl R. *Carl Rogers on Encounter Groups*. New York: Harper & Row, 1970
Chapters 1-5, 7, & 9.

Schutz, Will. *Elements of Encounter*. Big Sur, CA: Joy Press, 1973. Pages 3-9; 16-19;
38-48; 51-58.

Smith, George. *Group Development: A Review of the Literature and a Commentary on Future Directions*, 2001. Pages 14-46.

<http://citeseerx.ist.psu.edu/viewdoc/download?doi=10.1.1.131.1981&rep=rep1&type=pdf#page=17>

Thelen, Herbert Arnold. *Dynamics of Groups at Work*. Chicago: University of Chicago Press, 1954. (2-32, 128-222)

Tuckman, Bruce. Model of Group Development: Forming, Storming, Norming, and Performing.

- Bonebright, Denise A. “40 Years of Storming: a Historical Review of Tuckmans Model of Small Group Development.” *Human Resource Development International* 13, no. 1 (2010): 111–20. doi:10.1080/13678861003589099. Log in to [Badgerlink](#) before clicking [here](#) to access.
- Smith, M. K. (2005). ‘Bruce W. Tuckman – forming, storming, norming and performing in groups, *The encyclopedia of pedagogy and informal education*. [<https://infed.org/mobi/bruce-w-tuckman-forming-storming-norming-and-performing-in-groups/>]. Retrieved: insert date].
- Tuckman Model of Group Development: Forming, Storming, Norming, and Performing. https://www.mindtools.com/pages/article/newLDR_86.htm

Wright, Robert. *Grounded Leadership: An Action Research Study*, PhD diss., Fielding Graduate University, 2008. [See Library Resources page on Canvas.]

Wright, Bob, and Judith Wright. *The TIME Leadership Competency Inventory: Teaming, Influencing, Managing, and Empowering*. See link posted in Canvas

Wright, Bob, and Judith Wright. *Foundations of Lifelong Learning and Personal Transformation*. Chicago: Evolving Press, 2012.

Wright, Judith. *Living a Great Life: The Theory of Evolving*. PhD diss., Fielding Graduate

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University, 2008. [See Library Resources page on Canvas.]

Wright, Judith, and Bob Wright. *Transformed! The Science of Spectacular Living*.
Nashville, TN: Turner Publishing Company, 2013.

AC82

Cox, Elaine. *Coaching Understood: A pragmatic inquiry into the coaching process*. London: Sage, 2013.

Fosha, Diana. "Emotion and Recognition at Work: Energy, Vitality, Pleasure, Truth, Desire, and the Emergent Phenomenology of Transformational Experience." In *The Healing Power Of Emotion: Affective Neuroscience, Development, And Clinical Practice*, ed. Diana Fosha, Daniel J. Siegel, and Marion F. Solomon, 172-204. New York: W.W. Norton & Co, 2009.

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Okon-Singer, H., Hendler, T., Pessoa, L., Shackman, A.J. (2015) The neurobiology of emotion-cognition interactions: Fundamental questions and strategies for future research. *Frontiers in Human Neuroscience*. (See "Articles" in Canvas course files and Week 9 overview), pages 1-2

Palmer, Stephen, and Alison Whybrow. *Handbook of Coaching Psychology: a Guide for Practitioners*. London: Routledge, 2019.

Rao, Paulette. *Transformational Coaching: Shifting Mindsets for Sustainable Change*. New York: True North Resources, 2013.

Rock, David, and Linda J. Page. *Coaching with the Brain in Mind: Foundations for Practice*. Hoboken, N.J.: Wiley, 2009.

Siegel, Daniel J. "Emotion as Integration: A Possible Answer to the Question, What Is Emotion?" In *The Healing Power Of Emotion: Affective Neuroscience, Development, And Clinical Practice*, ed. Diana Fosha, Daniel J. Siegel, and Marion F. Solomon, 145-171. New York: W.W. Norton & Co, 2009.

Stelter, R. (2014) Third generation coaching: Reconstructing dialogues through collaborative practice and a focus on values. *International Coaching Psychology Review*. 9(1) March 2014 (See "Articles" in Canvas course files, and direct link in Week 10)

Varner, V.J (2019) *Systems Coaching, Models of Typology and Emergence*. Philosophy of

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Coaching: An International Journal. 4(1) May 2019 8-20 (See "Articles" in Canvas course files and Week 9 overview), pages 1,14-18

Wright and Associates. Transformational Coaching Manual. In-house, Chicago, 2018.

Wright, Judith, and Bob Wright. Transformed! The Science of Spectacular Living. Nashville: Turner Publishing, 2012.

Wright, Robert J. and Judith Wright. Foundations of Lifelong Learning and Personal Transformation. Chicago: Evolving Press, 2012.

AC95

No Required Reading

AC311

Wright, Bob, and Judith. Foundations of Lifelong Learning and Personal Transformation. 2012 9780984975907

Siegel, Daniel J. The Developing Mind: Toward a Neurobiology of Interpersonal Experience, 1999 1572304537, 9781572304536

Siegel, Daniel J., Mindsight: The New Science of Personal Transformation. 2010 0553804707, 978---0553804706

Beck, Don, and Christopher C. Cowan. Spiral Dynamics: Mastering Values, Leadership, and Change: Exploring the New Science of Memetics. 1999 978---1405133562, 1405133562

Beames, T.B. (1992). A Student's Glossary of Adlerian terminology. 2nd Edition 0968181902, 978---0968181904

Raymond Corsini (Editor), Current Psychotherapies 978---1285083711, 1285083717

Mosak, H. and Maniacci, M. (1999). Primer of Adlerian Psychology: The Analytic-Behavioral-Cognitive Psychology of Alfred Adler 978---1583910030, 1583910034

Powers, R.L. & Griffith, J. (1987). Understanding Life-Style: The psycho-

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Barsness, Roy (Ed). *Core Competencies of Relational Psychoanalysis*. New York: Routledge, 2018.

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Shore, N., Alan. *Right Brain Psychotherapy*. New York: W.W. Norton & Company, Inc., 2019. Chapters 2, 3, 4, & 6.

Siegel, Daniel J. *The Developing Mind: Toward a Neurobiology of Interpersonal Experience*. New York: Guilford Press, 1999.

Siegel, Daniel J. *The Mindful Therapist: A Clinician's Guide to Mindsight and Neural Integration*. New York: W.W. Norton & Company, 2010.

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*** Adler, A. (1956). Ansbacher, H.L. & R.R. (Editors). *The Individual Psychology of Alfred Adler*. New York: Basic Books.

*** Adler, A. (1998). *Social Interest: Adler's Key to the Meaning of Life*. Oxford: Oneworld Publications. Introduction, Chapters 1-3 and Chapter 15.

*** Beames, T.B. (1992). *A Student's Glossary of Adlerian terminology*. 2nd Edition. Photon Communications.

*** Hoffman, Edward. *The Drive for Self: Alfred Adler and the Founding of Individual Psychology*. New York: Addison-Wesley Publishing Company, 1994. Mosak, H. and Maniaci, M. (1999). *Primer of Adlerian Psychology: The Analytic-Behavioral -Cognitive Psychology of Alfred Adler*. Philadelphia: Brunner/Mazel.

*** Josef. Alfred Adler. Trans. Harry Zohn. New York: Frederick Ungar Publishing Co, 1983.

*** Manaster, Guy J. *Alfred Adler, as We Remember Him*. Chicago: North American Society of Adlerian Psychology, 1977. Powers, R.L. & Griffith, J. (1987). *Understanding Life-Style: The psycho-clarity process*. Chicago: The Americas Institute of Adlerian Studies.

*** Wright, R. (2008). *Grounded Leadership: An action research study*. Fielding Institute Ed.D. Dissertation.

*** Wright Transformational Coaching Manual.

*** Wright, R.J. and J. (2012). *Transformed! The Science of Spectacular Living*. Nashville: Turner Publishing.

*** Wright, R.J. and J. (2012). *Foundations of Lifelong Learning and Personal Transformation*. Chicago: Evolving Press.

AC331

Bakewell, Sarah. *At The Existentialist Café: Freedom, Being, and Apricot Cocktails*. New York: Other Press, 2016.

Cox, Elaine. *Coaching Understood: A Pragmatic Inquiry into the Coaching Process*. London: Sage Publications Ltd, 2013.

Erhard, Werner, Michael C. Jensen, and Steve Zaffron, "Integrity: A Positive Model that Incorporates the Normative Phenomena of Morality, Ethics, and Legality," from *The Transformational Experiences that Leave Ordinary People Being Leaders and Access to a Context*

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that Uses You and Education as Stretching the Mind. Boston MA: Harvard Business School NOM Working Paper No. 10-061, Landmark Education LLC., Revised 7 March 2010.

Erhard, Werner, Michael C. Jensen, Steve Zaffron, and Kari Granger, "Introductory Reading for Being a Leader and The Effective Exercise of Leadership: An Ontological Model" from Harvard Business School Negotiation, Organizations and Markets Research Papers, July 5, 2012.

Frankl, Viktor E. Man's Search for Meaning: An Introduction to Logotherapy. Boston: Beacon Press, 1992.

Glaser, Barney. Theoretical Sensitivity.

Glaser, Barney. Basics of Grounded Theory: Emergence Vs. Forcing

Maslow, Abraham H. The Farther Reaches of Human Nature. New York: Penguin Books, 1993 [1971]

May, Rollo. Man's Search for Himself. New York: Norton, 1953.

May, Rollo. The Discovery of Being: Writings in Existential Psychology. New York: W.W. Norton & Company, 1983.

Palmer, Stephen & Alison Whybrow. Handbook of Coaching Psychology: A Guide for Practitioners. New York: Routledge, 2019.

Rogers, Carl R. On Becoming a Person. New York: Houghton Mifflin Harcourt, 1995.

Siegel, Daniel J. The Mindful Therapist. New York: W.W. Norton & Company, 2010

Wright, Judith. The Soft Addiction Solution: Break Free from the Seemingly Harmless Habits That Keep You from the Life You Want. New York: Jeremy P. Tarcher/Penguin, 2003.

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Wright, Robert J. "Grounded Leadership: An action research study." EdD Diss., Fielding Graduate Institute, 2008.

Wright and Associates, Transformational Coaching Manual, in-house, Chicago, 2010

Wright, Judith, and Robert J. Wright. Foundations of Lifelong Learning and Personal Transformation. Chicago: Evolving Press, 2012.

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Yalom, Irvin I. Existential Psychotherapy. New York: Basic Books, 1980.

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Beck, Don Edward, and Christopher C. Cowan. Spiral Dynamics. Oxford: Blackwell publishing, 2006.

Bohm, David. Wholeness and the Implicate Order. London: Routledge, 2013.

Gilbert, Roberta M. The Eight Concepts of Bowen Theory: A New Way of Thinking About the Individual and the Group. Falls Church, VA: Leading Systems Press, 2004.

Satir, Virginia. The New Peoplemaking. Mountain View, Calif: Science and Behavior Books, 1988.

Senge, Peter M. The Fifth Discipline: The art and practice of the learning organization. Doubleday. 1990, 2006.

Siegel, Daniel J. The Developing Mind: Toward a Neurobiology of Interpersonal Experience. New York: Guilford Press, 1999. [Material on system integration]

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Gordon, Jack, editor. (2004) The Pfeiffer Handbook of Structured Experiences: Learning Activities for Personal Development. John Wiley & Sons, Inc. San Francisco, CA.

Gordon, Jack, editor. (2003) The Pfeiffer Book of Successful Leadership Development Tools. John Wiley & Sons, Inc. San Francisco, CA.

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Riverhead Books, 2012.

Wright, Judith, and Bob Wright. *Transformed!: The Science of Spectacular Living*. Nashville, TN: Turner Pub. Co, 2012.

Wright, Judith, and Robert J. Wright. *Foundations of Lifelong Learning and Personal Transformation*. Chicago: Evolving Press, 2012. (See section on Wright Performative Learning.)

AC367

Gordon, Jack, editor. (2004) *The Pfeiffer Handbook of Structured Experiences: Learning Activities for Personal Development*. John Wiley & Sons, Inc. San Francisco, CA.

Gordon, Jack, editor. (2003) *The Pfeiffer Book of Successful Leadership Development Tools*. John Wiley & Sons, Inc. San Francisco, CA.

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*** Cox, Elaine. *Coaching Understood: A pragmatic inquiry into the coaching process*. Sage: Los Angeles. 2013.

***Whybrow, Alison & Palmer, Stephen. *Handbook of Coaching Psychology*. 2nd ed.

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Bass, Bernard, and Ronald Riggio. *Transformational Leadership*, 2nd Ed. Mahwah, NJ: Lawrence Erlbaum Associates, 2006.

Boyatzis, Richard, and Annie McKee. *Resonant Leadership: Renewing Yourself and Connecting with Others Through Mindfulness, Hope, and Compassion*. Boston, MA: Harvard University Press, 2005.

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Erhard, Werner, Michael C. Jensen, and Steve Zaffron, "Integrity: A Positive Model that Incorporates the Normative Phenomena of Morality, Ethics, and Legality," from *The Transformational Experiences that Leave Ordinary People Being Leaders and Access to a Context that Uses You and Education as Stretching the Mind*. Boston MA: Harvard Business School NOM Working Paper No. 10-061, Landmark Education LLC., Revised 7 March 2010.

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Northouse, Peter G. *Leadership Theory and Practice*. Los Angeles: Sage Publications, 2016.

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- Bonebright, Denise A. "40 Years of Storming: a Historical Review of Tuckmans Model of Small Group Development." *Human Resource Development International* 13, no. 1 (2010): 111–20. doi:10.1080/13678861003589099. Log in to [Badgerlink](#) before clicking [here](#) to access.
- Smith, M. K. (2005). 'Bruce W. Tuckman – forming, storming, norming and performing in groups, *The encyclopedia of pedagogy and informal education*. [<https://infed.org/mobi/bruce-w-tuckman-forming-storming-norming-and-performing-in-groups/>. Retrieved: insert date].
- Tuckman Model of Group Development: Forming, Storming, Norming, and Performing. https://www.mindtools.com/pages/article/newLDR_86.htm

Wright, Robert. *Grounded Leadership: An Action Research Study*, PhD diss., Fielding Graduate University, 2008. [See Library Resources page on Canvas.]

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Wright, Bob, and Judith Wright. The TIME Leadership Competency Inventory: Teaming, Influencing, Managing, and Empowering. See link posted in Canvas

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Wright, Judith. Living a Great Life: The Theory of Evolving. PhD diss., Fielding Graduate University, 2008. [See Library Resources page on Canvas.]

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AC431

Charmaz, K. (2006). Constructing Grounded Theory: A practical Guide Through Qualitative Analysis (1st ed. ed. Vol. 1). London: SAGE Publications.

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Creswell, J. W. (1998). Qualitative Inquiry and Research Design (1st ed.). Thousand Oaks: Sage Publications.

Glaser, Barney G. Theoretical Sensitivity. Mill Valley, CA: Sociology Press, 1978. Print.

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Cone, John D., and Sharon L. Foster. *Dissertations and Theses from Start to Finish: Psychology and Related Fields*. Washington, DC: American Psychological Association, 1993.

Krathwohl, David R., and Nick L. Smith. *How to Prepare a Dissertation Proposal: Suggestions for Students in Education and the Social and Behavioral Sciences*. Syracuse, N.Y.: Syracuse University Press, 2005.

Roberts, Carol M. *The Dissertation Journey: A Practical and Comprehensive Guide to Planning, Writing, and Defending Your Dissertation*. Thousand Oaks, Calif: Corwin Press, 2004.

AC511

No Required Reading

AC600

No Required Reading

WRIGHT GRADUATE UNIVERSITY REQUIRED READINGS

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Master of Arts in Coaching and Transformational Leadership

AC12

Goleman, Daniel. Emotional Intelligence 055380491X, 9780553804911

Siegel, Daniel, Hartzell, Mary. Parenting from the Inside Out, 2003 1585422096, 9781585422098

Siegel, Daniel J. The Developing Mind, 2012 978-1462503902, 146250390X

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